

Age	Roseland Mt. Sinai Summer Class Description 2017	Class Times
20-36 Months	<b>Sing and Dance Along-</b> Parents are encouraged to let child be on their own. The student will experience fun and expressive movements that will increase their rhythm and coordination to music. (Please wear comfortable clothing)	Wed 9:30- 10 am Thurs 9:30-10 am Thurs 4:30-5 pm
3 Yr Old	<b>Pre School 1-</b> Emphasis is on developing coordination, rhythm, flexibility, self-confidence and fundamental dance skills. Basics in ballet, tap and tumbling are taught. (Please wear bodysuit and tights any color. Tap and ballet shoes are used but not required for summer classes)	Wed 10:15 -11am Wed 5-5:45 pm Thurs 10:15-11 am
4 Yr Olds	<b>Pre School 2-</b> Basic steps and dance vocabulary in Tap and Ballet are taught. We also begin working on important skills such as how to skip, march, jump, hop and balance. Many of these skills are tested in kindergarten screening. (Please wear bodysuit and tights any color. Tap and ballet shoes are used but not required for summer classes)	Wed 11:15-12pm Wed 5-5:45 pm Thurs 11:15- 12 pm
5, 6, & 7 Yr Olds	<b>DANCE JAM</b> – This fun exciting program incorporates Tap, Ballet, Hip Hop and Tumbling to give your child the most well rounded experience. <b>Dance Class</b> – Teaches both Ballet and Tap. Ballet is important for students to develop strength and good posture. Tap is taught to help students develop rhythm. <b>Jam Class</b> – Teaches both Tumbling and Hip Hop. Basic tumbling skills are taught to promote flexibility and coordination. Hip Hop works on funky moves to great music.	DANCE Wed 12:15 -1 pm JAM Wed 1-1:45  DANCE Wed 6-6:45 pm JAM Wed 6:45-7:30 pm
8 – 10 Yr Olds	<b>Ballet /Jazz/ Hip Hop</b> – An introduction to ballet and jazz with a fun hip hop dance to finish off the class	Wed 7:30-8:30 pm
Ages 10 – older	<b>~Design Your Own Camp- Thursday</b> <b>Tap</b> – Learn timing, rhythm, and an intro steps tap shoes not required (5- 5:45 pm) <b>Jazz-</b> Stretch , kick , and learn technique (5:45- 6:30 pm ) <b>Ballet /Lyrical</b> – Basic Ballet to tone and strengthen the body and a lyrical routine to teach expression (6:30- 7:15pm) <b>Hip Hop-</b> This class is filled with the latest moves of today (7:15-8)	~Choose~ One Class \$30 Two Classes \$55 Three Classes \$80 ALL 4 Classes WOW ONLY \$105

*Ballerina Camp Ages 3-5 August 28 – 31s More Information Coming Soon*

### Summer Registration Form

Account Name \_\_\_\_\_ Student Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Phone Number \_\_\_\_\_

Age \_\_\_\_\_ DOB \_\_\_\_\_

Class \_\_\_\_\_ Day / Time \_\_\_\_\_

Class \_\_\_\_\_ Day / Time \_\_\_\_\_

Class \_\_\_\_\_ Day / Time \_\_\_\_\_

Class \_\_\_\_\_ Day / Time \_\_\_\_\_

Please Circle which session you are registering for      Session 1      Session 2      Both